

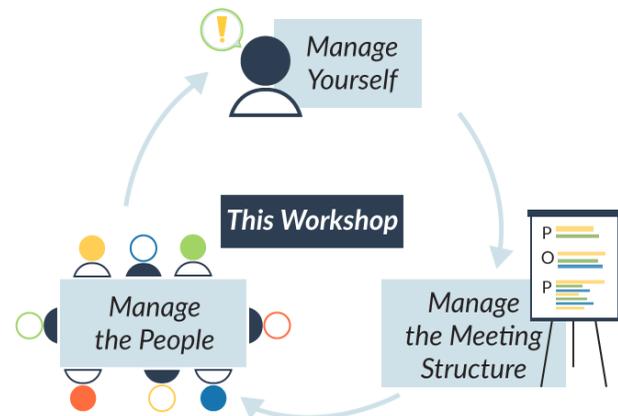
# Facilitating Virtual Meetings with Ease

Delivered Via Zoom Over Four Half Days: February 28, March 1, 7 & 8, 2023, 1pm-4:30pm EST

With many teams working remotely for the foreseeable future, the skills needed to structure, engage and guide a group through critical virtual meetings has never been more important. Whether you're new to facilitation or have years of experience, this workshop provides a unique opportunity to enhance your mastery of any group situation. Learn essential skills from certified, veteran trainers who have taught meeting facilitation skills for years. Experience a dynamic and totally interactive learning environment.

## The Learning Opportunity:

- Gain a clear understanding of the roles, core values and behaviors of meeting facilitators
- Work with powerful process tools and techniques
- Learn techniques and best practices to keep virtual participants engaged
- Develop your confidence in handling dysfunctional behaviors
- Receive personal feedback and coaching
- Practice new tools in a safe learning environment



## Who Should Attend:

- Project Managers
- Team Leaders of any level who run meetings
- Professionals who need to increase buy-in and decrease resistance in group settings
- Six Sigma and Lean Professionals
- HR or Business Improvement Consultants
- Business Analysts

## Workshop Agenda:

### Module One - Introduction to Facilitation

- Partner Facilitation: Exercise
- The Five Core Practices (S.L.A.P.S.)
- The Importance of Breakouts and Buy-In
- To Facilitate or Not to Facilitate
- **Group Facilitation #1:** Fixing a Terrible Virtual Meeting Exercise

### Module Two - Introduction to Meeting Management

- Tips for Running Great Meetings: Prep, Start, Manage, End (PSME)
- The Meeting Prep Checklist
- Defining the Meeting Purpose and Outcomes Exercise
- Critical Meeting Templates
- Prep Design: Engagement Techniques and Exercise
- Tips for Running Great Meetings: Prep, Start, Manage, End (PSME):
- Setting the Context Overview
- Levels of Empowerment and Exercise

- Introduction to Norms
- **Group Facilitation #2:** Creating Norms Exercise & Debrief
- Refereeing the Norms and Exercise

### Module Three - Introduction to Decision Making Techniques

- Overview of 4-Step Consensus Building Process
- Introduction to Creative Diverging Tools
- **Group Facilitation #4:** Diverging Exercise & Debrief
- Introduction to Converging Methods
- Introduction to Synthesis
- **Group Facilitation #5:** Prioritizing Ideas
- High Five and the Hallmarks of Consensus

### Module Four – Managing Challenging Behaviors

- Managing Challenging Behaviours Video & Debrief
- Intervention Language Scenario Exercise
- Language of Intervention Breakouts
- **Group Facilitation #6:** Conflict Video Reflection Exercise
- **Group Facilitation #7:** Meeting Symposium Exercise

# Facilitating Virtual Meetings With Ease

## Workshop Details



For almost 25 years, Facilitation First has been top of mind for those seeking training in process facilitation. Our Facilitating Meetings with Ease workshop has been honed by Ingrid Bens, author of the national bestselling books 'Facilitating with Ease' and 'Facilitation at a Glance!'. With thousands of participants rating the course an average 4.5 out of 5, we provide an experiential workshop that equips learners with simple yet powerful tools that they can apply in their next meeting.

### What You'll Receive

You leave our workshop with the tools you need to combat wasted meeting resources. You get access to online customizable templates, a digital manual filled with meeting designs and intervention techniques, and the personal feedback and coaching from participants and the trainer. Our certified trainers are 'facilitators first,' who bring their real-world experience to the classroom.

**Dates:** February 28, March 1, 7 & 8, 2023

**Location:** Online via Zoom

**Times:** 1:00pm - 4:30 pm EST

**Fee:** \$1,295 + HST

**Trainer:** Susan Gregory

**To Register:** E-mail [info@facilitationfirst.com](mailto:info@facilitationfirst.com)

### What Some of our Clients Are Saying...

*"This workshop was a carefully perfected blend of content, process and opportunities to practice in a safe and supportive environment that encouraged risk taking and reflection. Top shelf!"*

**Monica Wand, Vice Principal, York Region District School Board**

*"This training shocked, amazed and inspired me. After just two days, I feel equipped to bring operational improvements to my organization."*

**Joe Crampton, VP Product, BPS Resolver**



### About Your Trainer: Susan Gregory

Susan is a meeting facilitator and corporate trainer. She specializes in facilitating sessions that are well structured in order to lead to the results desired by her clients.

She facilitates board meetings, strategic sessions for senior executives and consultative feedback consultations. Susan helps teams to work together by demonstrating how great facilitation can inspire a team to share their ideas, work collaboratively, make good decisions and take ownership of action plans.

Susan also shares tools to develop productivity, creativity and problem-solving skills in the workplace. Susan believes that creating a fun and dynamic learning environment enhances the ability of participants to learn and be inspired to apply new business skills following the courses that she leads.