

# Facilitating Meetings with Ease

Vancouver: October 27 & 28, 2020

We're all spending so much time in meetings and are being asked to achieve crucial goals that meeting process facilitation is fast becoming a core competency for anyone who's on a team, leads a task force, heads up a committee or manages a department. Whether you're new to facilitation or have years of experience, this workshop provides a unique opportunity to enhance your mastery of any group situation. Learn essential skills from certified, veteran trainers who have taught meeting facilitation skills for years. Experience a dynamic and totally interactive learning environment.

## The Learning Opportunity:

- Gain a clear understanding of the roles, core values and behaviors of meeting facilitators
- Work with powerful process tools and techniques
- Develop your confidence in handling resistance and dysfunctional behaviors
- Receive personal feedback and coaching
- Practice new tools in a safe learning environment



## Who Should Attend:

- Project managers – earn PDUs!
- Managers of any level who run meetings
- Professionals who need to increase buy-in and decrease resistance in group settings
- Six Sigma and Lean Professionals
- Internal Consultants
- Team Leaders
- Business Analysts

## Workshop Agenda:

### Module One - Introduction to Facilitation

- Roles, Beliefs and Purpose of a Facilitator
- The Five Core Facilitation Practices
- Balancing Process and Content
- The POP Technique
- Facilitation #1: Checking-In

### Module Two - Introduction to Meeting Management

- Facilitation #2: Terrible Meetings
- Giving & Receiving Feedback
- Tips for Running Great Meetings
- Prep Tools and Exercises
- Start Tools and Techniques
- Facilitation #3: Setting Group Norms
- How Neutral do Facilitators have to be?

### Module Three - Introduction to Decision Making Techniques

- Facilitation #4 and #5: Moving On Up!
- The Four Step Consensus Building Process
- Introduction to Creative Diverging Tools
- Facilitation #6: Diverging Exercise
- Introduction to Converging Tools
- Facilitation #7: Converging Exercise
- Tips For Ending Great Meetings
- Testing For Agreement and the Hallmarks of Consensus

### Module Four - Introduction to Group Conflict Management

- Conflict Management Video: It's Our Space
- Facilitator Conflict Management Techniques
- Intervention Language Scenario Exercise and Rounds
- Conflict Fish Bowl Exercise (if time permits)

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## Workshop Details



For almost 20 years, Facilitation First has been top of mind for those seeking training in process facilitation. Our *Facilitating Meetings with Ease* workshop has been honed by Ingrid Bens, author of the national bestselling books 'Facilitating with Ease' and 'Facilitation at a Glance!'. With thousands of participants rating the course an average 4.5 out of 5, we provide an experiential workshop that equips learners with simple yet powerful tools that they can apply in their next meeting.

### What You'll Receive

You leave our workshop with the tools you need to combat wasted meeting resources. You get access to online customizable templates, a textbook filled with meeting designs and intervention techniques, and the personal feedback and coaching from participants and the trainer. Our certified trainers are 'facilitators first,' who bring this real-world experience to the classroom.

Dates: October 27 & 28, 2020

Location: Chateau Granville 1100 Granville St  
Vancouver, BC

Times: 8:30 am - 5:00 pm

Trainer: Jorge Ocegueda

Fee: \$1,395 + HST

To Register: E-mail [carissa@facilitationfirst.com](mailto:carissa@facilitationfirst.com)

### What Some of our Clients Are Saying...

*"This workshop was a carefully perfected blend of content, process and opportunities to practice in a safe and supportive environment that encouraged risk taking and reflection. Top shelf!"*

**Monica Wand, Vice Principal, York Region District School Board**

*"This training shocked, amazed and inspired me. After just two days, I feel equipped to bring operational improvements to my organization."*

**Joe Crampton, VP Product, BPS Resolver**

### About Your Trainer: Jorge Ocegueda



With more than 20 years of professional experience, Jorge combines the best of three worlds to effectively help you achieve your organizational goals: business management, adult learning, and professional facilitation.

Jorge specializes in facilitating and training in Strategic Planning, Instructional Development, Organizational Behaviour and Change, and other business skill development topics. He has professionally facilitated critical meetings for a diverse group of client groups including PEPSICO, Capilano University, BCMEA, FY International, ICAMI and Telus. Jorge has also designed and delivered multiple training workshops and has been teaching graduate and undergraduate business courses since 2000 and currently a faculty member at Capilano University in North Vancouver, British Columbia.

Internationally recognized as a leader in the facilitation field, Jorge was very proud to be asked to become an Assessor for the International Association of Facilitators. He is fluent in both Spanish and English.

Participants earn fourteen Professional Development Units through the Project Management Institute upon course completion (10 Leadership and 4 Strategic and Business Management). Facilitation First has been a Registered Education Provider since 2006 and our current Provider rating is 92.39% (average rating for all providers is 85.61%).

